

Breakfast

winter 14/15



EDEN
caterers

"Never work before breakfast; if you have to work before breakfast, eat your breakfast first." Henry Wheeler Shaw

set breakfasts

(min order of 3)

Power Breakfast (v)

one of each item per person
Homemade granola with berry coulis
Cookie
Freshly squeezed orange juice
£4.50 p/p

Continental Breakfast (v)

one of each item per person
Mini croissant & butter
Mini Danish pastry
Fruit Skewer
Freshly squeezed orange juice
£5.30 p/p

Continental Breakfast with Bagel

one of each item per person
Open mini half bagel with cream cheese & smoked salmon
Mini croissant & butter
Mini Danish pastry
Fruit skewer
Freshly squeezed orange juice
£6.80 p/p

pastries

Danish Pastry – mini (v) a selection of mini pastries	£1.05
Danish Pastry – large (v) a selection of pastries	£1.65
All Butter Croissant – mini (v) served with butter portions and a knife	£1.05
All Butter Croissant – large (v) served with butter portions and a knife	£1.45
Pain Au Chocolat – mini (v) filled with real chocolate and baked with French butter.	£1.20
Pain Au Chocolat – large (v) filled with real chocolate and baked with French butter.	£1.65
Almond Butter Croissant - mini (v, n) topped with flaked almonds.	£1.40
New York Cookies (v) large cookies with a selection of different flavours baked each morning	£1.70 for 2
Muffin (v) assorted flavours	£1.50 50p
Conserves (v) strawberry jam pots	per pot

breakfast pots

Homemade granola (toasted oats, dried fruit, seeds and nuts) served in two delicious combinations. All breakfast pots come ready to eat, complete with a spoon.

Granola & Honey (v) homemade granola with creamy natural yoghurt, honey (our own honey in season) and dried fruits	£2.40
Granola with Berry Coulis (v) homemade granola with creamy natural yoghurt and berry coulis	£2.40
Birchermuesli (v) rolled oats with apple, yoghurt, milk, sultanas, seeds and berries (minimum of 4)	NEW £2.40
Porridge (H) (v) traditional jumbo rolled oats made with milk and filling options: sultanas, dried apricot, honey. Minimum of 10	NEW £3.00
Yoghurt – Strawberry (v) 125ml pot	90p
Yoghurt – Blackcurrant (v) 125ml pot	90p

savouries

Breakfast Savoury Platter (enough for up to 10 people) smoked salmon, ham, cheeses and butter with 5 bagels and 5 croissants. Ideal if your not sure who will want what – let them make their own! Comes with knives.	£27.00 each
Open Mini Bagel with Smoked Salmon and cream cheese (2 open halves per portion).	£3.25
Ham & Cheese Croissant butter croissant with cheese and English ham.	£3.45
Scrambled Egg & Bacon Croissant an all butter croissant filled with scrambled egg, smoked bacon & roasted tomato.	£3.60
Bacon Roll (H) delivered in hot box. Min 10	£3.05
Sausage Roll (H) delivered in hot box. Min 10	£3.05
Scrambled Egg and Tomato Roll (H) (v) delivered in hot box. Min 10	£3.05
Scrambled Egg and Smoked Salmon Roll (H) delivered in hot box. Min 10	£3.40

fruit

Fruit Salad	£2.55
seasonal fruit – in a pot, ready to eat complete with a spoon	
Fruit Kebab	£1.40
honey and chocolate drizzled fruit kebab (v,g)	
Small Whole Fruit Platter	£12.90
For 5 - 10 people (vegan, d, g)	
Large Whole Fruit Platter	£17.50
For 10 - 15 people (vegan, d, g)	
Cut Fruit Platter	£15.50
peeled, pipped, pithed, cut fruit ready to eat. For 8-12 people	
Cut Fruit per person	£2.25
peeled & pipped, cut fruits ready to eat.	p/p

disposables

Paper plate	13p	Clear disposable cup	13p
Disposable teaspoon	8p	Paper cup (hot drink)	13p

executive presentation

select executive presentation for special occasions. Food will be on very smart white platters with chocolates for each guest. There is a 10% surcharge.

t: 020 7803 1212
e: orders@eden-caters.co.uk
f: 020 7803 1213
w: www.eden-caters.co.uk



To order: Express website or email
Order deadline: 14.30 prior working day
Breakfast deliveries are made from 07.30 to 09.00 Mon-Fri
This menu will be served from 1st Oct to 31st Jan 2015
(H) = delivered hot in a hot box or bag

Allergen information is on our website and is supplied with your order
dietary legend: v=vegetarian, g=gluten free, d=dairy free, n=contains nuts
Items marked gluten free have no gluten containing ingredients (ngci)
Most but not all items are subject to VAT
Please see our full terms and conditions on our website