



PLANEAT

made - boxed - delivered - enjoyed

www.Planeat.london



BREAKFAST

pots

yoghurt pots

a selection of six seasonal rich greek yoghurt pots
£21.00

soya yoghurt pots

a selection of six seasonal soya yoghurt pots
£27.00

granola pots

six pots with spiced cranberry compote
£23.00
six pots with honey
£23.00
six pots with yoghurt

pastries

danish pastries

twelve mixed mini pastries
£23.80

croissants

six croissants with jam
£17.05

chocolate croissants

six chocolate filled croissants
£14.20

fruit

whole fruit

mixed whole fruit for 12-16 people
£18.60

fresh fruit salad pots

six pots of fruit salad.
compostable spoons supplied.
£19.90

hot

mini rolls

15 warm rolls
bacon £35.00
sausage £35.00
mushroom £35.00
bacon & sausage (8 of each) £37.30
bacon & mushroom (8 of each) £37.35

glazed brioche rolls

six warm rolls
sausage
£32.50
bacon
£30.00

cereale rolls - roast tomato & mushroom (vegan)

six warm rolls
£31.00

savouries

mini bagels with smoked salmon & cream cheese

twelve open halves
£32.00

mini bagels with sundried tomato & cream cheese

twelve open halves
£20.40

cheese & tomato butter croissants

twelve open halves
£23.00

ham & cheese butter croissants

twelve open halves
£46.00

mini bagels - mixed fillings

six smoked salmon & six sun-dried tomato open bagel
£27.00

SANDWICHES

classic sandwiches

20 quarters of six seasonal classic varieties
£21.00

vegetarian sandwiches

20 quarters of six seasonal vegetarian varieties
£19.00

contemporary sandwiches

20 quarters of six seasonal contemporary varieties
£20.00

vegan sandwiches

20 quarters of six seasonal vegan varieties
£18.00

meat sandwiches

20 quarters of six seasonal meat varieties
£22.00

wraps

16 quarters - a mix of meat, fish and vegetarian
£21.00

gluten free sandwiches

20 quarters of three gluten free varieties
£22.00

open sandwiches

16 slices of four varieties
£23.00

SANDWICH LUNCHES

lunch for 4-6 people - delivered ready to eat

planeat lunch for 4-6 people

5 sandwiches, 10 finger food, tortilla chips, fruit skewers & cake
£72.00

planeat vegan lunch for 4-6 people

5 sandwiches, 10 finger food, tortilla chips, fruit skewers & cake - all vegan
£69.00

planeat vegetarian lunch for 4-6 people.

5 sandwiches, 10 finger food, tortilla chips, fruit skewers & cake - all vegetarian
£69.00

planeat light lunch for 4-6 people

5 sandwiches, 10 finger food, fruit skewers & grapes
£56.00

planeat light vegetarian lunch for 4-6 people

5 sandwiches, 10 finger food, fruit skewers & grapes - all vegetarian
£55.00

planeat light vegan lunch for 4-6 people

5 sandwiches, 10 finger food, fruit skewers & grapes - all vegan
£53.00

SWEET

cake selection

22 pieces of mixed cake - 6 varieties
£20.50

mixed cheesecake pots

6 pots, 2 seasonal varieties
£17.50

cheesebox

british cheeses for 4-6 with oatcakes, crackers, grapes and chutney
£29.00

cake selection & fruit skewers

12 pieces of mixed cake with 6 fruit skewers & grapes
£24.00

fresh fruit box

mixed whole fruit for 12-16 people
£19.90

fresh fruit salad pot

six pots of fruit salad
£19.90

Supplied in
compostable
boxes



PLANEAT

SALADS

oriental raw vegetable salad

sharing salad for 6-8 people
£25.00

chargrilled chicken with beans & broccoli

sharing salad for 6-8 people
£25.00

kale salad with pecans, bella lodi and cranberries

sharing salad for 6-8 people
£27.00

smoked mackerel, beetroot & puy lentil salad

sharing salad for 6-8 people
£27.00

meze sharing salad - traditional selection

sharing salad for 3-4 people
£32.00

SALADS FOR ONE

wild rice salad with roasted roots (vegan, g, d, n)

with mint, apricot, pistachio, rocket, spring onion, lemon & garlic, beetroot houmous & almonds with lemon dressing (265 kcal)
£6.30

oriental raw vegetable salad (vegan, g, d)

with peppers, baby corn, mange tout, sesame seeds, spring onion & ginger dressing (233 kcal)
£6.40

kale salad with pecans, bella lodi and cranberries (v, g, n)

curly kale, cranberry, pecan, new potato, sweet potato puree and bella lodi with lemon dressing (439 kcal)
£6.40

chargrilled chicken with beans & broccoli salad (g)

free range chicken with haricot and butter beans, chargrilled broccoli, baby leaves, dried cranberries & minted yoghurt. (247 kcal)
£6.50

FINGER FOOD

finger food

24 items in four varieties
£49.00

finger food - meat & fish

24 items in four varieties
£51.00

finger food - veggie & vegan

24 items in four varieties
£47.00

tortilla chips with homemade salsa dip

for 10-14 people
£18.00

kettle crisps with homemade salsa dip

for 10-14 people
£26.60

tortilla chips & kettle crisps with salsa dip

for 10-14 people
£21.15

BOXES FOR TWO

planeat lunch for two

one box each, for two people. each with sandwich, 2 finger food, tortilla chips & dip.
regular
£18.00
vegetarian
£20.00
vegan
£18.00
gluten free (sandwich and 4 finger food)
£25.00

afternoon tea for two

sandwiches, scones & cake with cups and tea bags (hot water required)
£25.00

the cheese board for two

three cheeses, crackers, grapes, chutney, knife
£12.00

DISPOSABLES

spoon - large - compostable	£0.15
spoon - teaspoon - compostable	£0.10
fork - compostable	£0.10
knife - compostable	£0.10
paper plate 8"	£0.12
serviettes - white (pack of 100)	£2.50
plastic cup - recyclable	£0.13

DRINKS

belu sparkling water - 330ml	£1.70
belu still - 330ml	£1.70
coke - 330ml	£1.90
diet coke - 330ml	£1.80
san pelle - lemon	£1.90
san pelle - blood orange	£1.90
fresh orange juice - 250ml	£2.40

sustainable
food for a
sustainable
future



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BOX FOOD

boxes of 6, delivered cold to refrigerate and heat later or delivered hot and ready to eat

fusilli with mushroom - boxed meal (v)

oyster, chestnut & button mushrooms with fresh tarragon, bella lodi and cream, served with fusilli pasta (568 kcal)
hot £6.50 / cold £5.70

tarragon chicken & rice - boxed meal (g)

free range chicken with fresh tarragon, cream and lemon. served with long grain rice. (860 kcal)
hot £8.70 / cold £7.70

macaroni cauliflower with caramelised onion - boxed meal (v)

the wonderful classic with english cauliflower, mature cheddar, coleman's english mustard, cayenne pepper, all topped with caramelised onion. (637 kcal)
hot £5.70 / cold £6.70

moroccan vegetable tagine & couscous - hot boxed meal (vegan, d)

squash, sultanas, courgettes and chickpea flavoured with cinnamon, ginger and cumin with a spiced couscous (530 kcal)
hot £7.20 / cold £6.20

vegetable thai green curry & rice - boxed meal (vegan, g, d, n)

peppers, broccoli and baby corn with the lemongrass, ginger, lime, coconut milk with cashew nut. served with long grain rice. (617 kcal)
hot £7.20 / cold £6.20

dhal with sweet potato, coconut crust & rice (vegan, g, d)

red lentil, spinach, coriander & chilli dhal with cumin crispy sweet potato, coconut & ginger chutney
hot £7.00 / cold £6.00

aubergine, tomato & basil penne - boxed meal (vegan, d)

roasted aubergine in a rich tomato and basil sauce through penne pasta (470 kcal)
hot £6.20 / cold £7.20

harissa salmon with mint jewelled couscous - boxed meal

harissa crusted salmon with mint jewelled couscous and a harissa yoghurt dressing. (664 kcal)
hot £10.50 / cold £9.50

your purchases
plant tress

ABOUT US

redefining full-on catering to deliver fresh, finished food without the fuss.

from celebrations to colleague collaborations, our boxes are made for the moment. not limited to lunch, be it breakfast al desko or even al fresco, something to share or have at home. our food though, is "slow"; prepared by us simply, each day, using a higher ratio of plant based raw ingredients, while retaining their natural, nutritional value. **

all our decisions consider the environment but, more than that, when you order from us, we will plant trees for you in direct proportion to the value you spend with us over time. you will receive a certificate with your tree number and where it is planted



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