

# Breakfast

## Spring 2017



EDEN  
caterers

"Never work before breakfast; if you have to work before breakfast, eat your breakfast first." Henry Wheeler Shaw

### set breakfasts

(min order of 3)

#### Power Breakfast

one of each item per person  
Homemade granola with berry coulis  
Cookie  
Freshly squeezed orange juice  
**£5.20 p/p**

#### Continental Breakfast

one of each item per person  
Mini croissant & butter  
Mini Danish pastry  
Fruit Skewer  
Freshly squeezed orange juice  
**£5.85 p/p**

#### Continental Breakfast with Bagel

one of each item per person  
Open mini half bagel with cream cheese & smoked salmon  
Mini croissant & butter  
Mini Danish pastry  
Fruit skewer  
Freshly squeezed orange juice  
**£7.80 p/p**

### pastries

Danish Pastry – mini (v) a selection of mini pastries	<b>£1.50</b>
Danish Pastry – large (v) a selection of pastries	<b>£1.95</b>
All Butter Croissant – mini (v) served with butter portions and a knife	<b>£1.35</b>
All Butter Croissant – large (v) served with butter portions and a knife	<b>£1.75</b>
Pain Au Chocolat – mini (v) filled with real chocolate and baked with French butter.	<b>£1.55</b>
Pain Au Chocolat – large (v) filled with real chocolate and baked with French butter.	<b>£1.75</b>
Mini Muffin - 2 per portion (v) Blueberry Mini	<b>£1.80</b>
American Cookies (v) large cookies with a selection of different flavours baked each morning	<b>£1.70</b>
Conserves (vegan, g, d) strawberry jam pots	<b>50p per pot</b>

### smoothies

Green Dream Smoothie - 1 litre (vegan, g, d, n) pineapple, kiwi, curly kale, almond milk, honey and chia seeds blitzed in the Nutribullet	<b>£13.00</b>
Breakfast Smoothie - 1 litre (v, n) yoghurt, strawberries, granola, chia seeds and honey blitzed in the Nutribullet	<b>£13.00</b>

### executive presentation

select executive presentation for special occasions. Food will be on very smart white platters with chocolates for each guest. There is a 10% surcharge.

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### breakfast pots

Homemade granola (toasted oats, dried fruit, seeds and nuts) served in two delicious combinations. All breakfast pots come ready to eat, complete with a spoon.

Birchermuesli (v) rolled oats with apple, yoghurt, milk, sultanas, seeds and berries (minimum of 4)	<b>£2.45</b>
Granola & Honey (v, n) homemade granola with creamy natural yoghurt, honey (our own honey in season) and dried fruits	<b>£2.65</b>
Granola & Sour Cherry Compote (v, g) homemade granola and sour cherry compote potted with a rich Greek.	<b>NEW £2.65</b>
Yoghurt Pot with Sour Cherry Compote - 180ml pot (v, g)	<b>NEW £2.10</b>
Yoghurt pot with Honey - 180ml pot (v, g)	<b>£2.10</b>

### savouries

Breakfast Savoury Platter enough for up to 10 people. Smoked salmon, ham, cheeses and butter with 5 bagels and 5 croissants. Ideal if your not sure who will want what - let them make their own! Comes with knives.

Mini Bacon Roll Breakfast Platter 15 mini glazed finger rolls with streaky bacon delivered warm to you for immediate service	<b>NEW £32.50 each</b>
Mini Sausage Roll Breakfast Platter 15 mini glazed finger rolls with mini Cumberland sausages delivered warm to you for immediate service	<b>NEW £32.50 each</b>
Mini Mushroom Roll Breakfast Platter (v) 15 mini glazed finger rolls with butter fried button mushrooms delivered warm to you for immediate service	<b>NEW £31.00 each</b>
Brie & Cranberry Mini Flute (v)	<b>£2.40</b>
Ham & Cheese All Butter Croissant - large butter croissant with cheese and English ham.	<b>£3.95</b>
Open Mini Bagel with Smoked Salmon & Cream Cheese (2 open halves per portion)	<b>£3.70</b>
Smoked Salmon & Cream Cheese Mini Cereal Roll	<b>£2.70</b>
Vegetarian Sausage in a Freshly Baked Baguette (v) (H) delivered in hot box.	<b>£3.35</b>
Scrambled Egg and Tomato in a Freshly Baked Baguette (v) (H) delivered in hot box. Min 10	<b>£3.25</b>
Bacon in a Freshly Baked Baguette (H) delivered in hot box.	<b>£3.60</b>
Scrambled Egg & Bacon All Butter Croissant - large an all butter croissant filled with scrambled egg, smoked bacon & roasted tomato. (served cold)	<b>£3.90</b>
Sausage in a Freshly Baked Baguette (H) delivered in hot box.	<b>£3.65</b>
Scrambled Egg and Bacon in a Freshly Baked Baguette (H) delivered in hot box. Min 10	<b>£3.80</b>
Scrambled Egg and Smoked Salmon in a Freshly Baked Seeded Baguette (H) delivered in hot box. Min 10	<b>£4.15</b>

### fruit

Fresh Fruit Individual Salad Pot (vegan, g, d) seasonal fruit - in a pot, ready to eat complete with a spoon	<b>£2.85</b>
Fresh Fruit Skewer - 1 per portion (vegan, g, d)	<b>£1.55</b>
Small Whole Fruit Platter (vegan, g) (for 5-10 people)	<b>£14.00</b>
Large Whole Fruit Platter (vegan, g) (for 10-15 people)	<b>£18.50</b>
Cut Fruit Platter (vegan, g) (for 8-12 people) several peeled & pipped fruits ready to eat.	<b>£17.50</b>
Cut Fruit (vegan, g) per person peeled & pipped, cut fruits ready to eat.	<b>£2.50 p/p</b>

### disposables

Paper plate	<b>13p</b>	Clear disposable cup	<b>13p</b>
Disposable teaspoon	<b>8p</b>	Paper cup (hot drink)	<b>13p</b>

To order: Express website or email

Order deadline: 14.30 prior working day

Breakfast deliveries are made from 07.30 to 09.00 Mon-Fri

This menu will be served from 1st Feb 2017 to 31st May 2017

(H) = delivered hot in a hot box or bag

Allergen information is on our website and is supplied with your order

dietary legend: v=vegetarian, g=gluten free, d=dairy free, n=contains nuts

Items marked gluten free have no gluten containing ingredients (ngci)

Most but not all items are subject to VAT

Prices may be subject to a venue commission

Please see our full terms and conditions on our website